Guinness Book attempted!

Record attempt pending results

See p. B-1.



Army tightens uniform, tattoo policies

WASHINGTON — The number, size and placement of tattoos have been dialed back under revised Army Regulation 670-1, which tightens Army grooming standards and uniform

The revised reg was published Monday, along with Department of the Army Pamphlet 670-1, outlining the new standards.

Effective dates for the various changes can also be found in All Army Activity message (ALARACT) 082-2014.

Sgt. Maj. of the Army Raymond F. Chandler III addressed why the changes were made.

"The Army is a profession, and one of the ways our leaders and the American public measure our professionalism is by our appearance," he said. "Wearing of the uniform, as well as our overall military appearance, should be a matter of personal pride for all Soldiers.

"Every Soldier has the responsibility to understand and follow these standards," he continued. "Leaders at all levels also have a responsibility to interpret and enforce these standards, which begins by setting the example."

Some of the changes follow.

• Tattoos. They cannot be located anywhere above the lines of a T-shirt. They also cannot be located anywhere below the wrist bone.

Visible band tattoos cannot be longer than 2 inches wide. There can be no more than one visible band tattoo.

Sleeve tattoos on arms or legs are not allowed.

Each visible tattoo below the elbow or knee must be smaller than the size of the wearer's extended hand. There cannot be more than four total tattoos below the elbows or knees.



This Soldier's tattoos no longer conform under the new regulations. However, he could be grandfathered in under the older uniform regulations. The number, size and placement of tattoos have been dialed back under revised Army Regulation 670-1.

Soldiers who currently violate these revisions can be grandfathered in as long as commanders validate their current tattoos. Also, each year, commanders much check each Soldier for new tattoos that might be prohibited. The checks will be done when Soldiers are in their physical fitness uniform and do not include tattoos that might be hidden by the shorts or T-shirts.

Prohibited tattoos include those just mentioned, as well as ones that could be deemed extremist, indecent, sexist or racist.

• Uniforms. Soldiers on official travel and traveling by commercial carrier are no longer

See REGS A-4

he Army is a profession, and one of the ways our leaders and the American public measure our professionalism is by our appearance."

> - Raymond F. Chandler III Sgt. Maj. of the Army

Cuisine crafted for high school students

Pearl City learns 'an army marches on its stomach'

> Story and photos by STAFF SGT. GAELEN LOWERS 8th Theater Sustainment Command **Public Affairs**

PEARL CITY — Many often confuse the Army profession as being only infantry, artillery and

However, three culinary Soldiers from the 8th Theater Sustainment Command and the

Hawaii National Guard visited a local high school, here, to set the record straight, March 27, and to show the Army is more than just guns and tanks.

> Students at Pearl City High School (PCHS) were treated to a presentation and hands-on demonstration of the Army's culinary arts in action.

We wanted to show these kids that there is a whole The palm tree is created world in the from a bell pepper and a Army that isn't carrot with potato mound. glamorized (Photo has been altered from its original form background elements have been removed.) as our infantry







Staff Sgt. Cesar Samauang, noncommissioned officer in charge, protocol section, 8th TSC, gives a hands-on demonstration to PCHS students during a visit to the school, March 27.

Sumauang, the hands-on demonstrator and when I get home." the noncommissioned officer in charge of the

The students and the school's culinary arts $8th\,TSC's\,Protocol\,section.\, ``An\,army\,marches$ on its stomach, after all."

The students spent 90 minutes seeing the intricacies of Army cooking and a short video of the Army's annual Culinary Arts Competition held at Fort Lee, Va., but the highlight of the class was when Sumauang demonstrated what an Army chef can do.

"It was awesome how he could take food I could find at home and make them into animals and other scenery," said Kaimana Chong, 15,

brothers and sisters," said Staff Sgt. Cesar PCHS sophomore. "I'm going to try some of it

instructor, Shawn Kimball, were able to ask questions about Army life, Army careers and the opportunities afforded to both active duty and National Guard Soldiers.

"It was a great opportunity to show the students what the Army does, because it is a very different world from civilian life," said Kimball. "They loved the visual demonstration, and I know that several of them will head home tonight and try to recreate some of the dishes



Saturday named 'Gold Star Wives Day'



Army raises awareness of Gold Star's significance, history of wearing the pin

WILLIAM BRADNER

U.S. Army Installation Management Command SAN ANTONIO — Saturday has been desig-

nated by Congress as "Gold Star Wives Day." The intent is to publicly recognize the sacri-

fices made by our service members in support

Though the official designation of the Gold Star Wives Day is relatively new, the gold star has officially been recognized as a symbol of loss

Throughout the First World War, families would hang blue service stars in their windows to indicate that their loved ones were serving in the war effort. By 1918, it had become common practice to pin the gold star over the blue star to indicate that a service

member had died. President Woodrow Wilson also authorized mothers to wear a gold star on the traditional black mourning band to signify their loss

was war-related in 1918. During the Second World War, service flags and what they represented were standard-

ized and codified by Congress. In April of 1945, a nonprofit group calling duced a series of public service announcements

themselves "Gold Star Wives of America," filed incorporation paperwork signed by Eleanor Roosevelt. Less than two years later, Congress approved the design, manufacture and distribution of the Gold Star Label Pin to be presented to surviving family members of those who died in that conflict.

Though service flags and Gold Star pins fell out of favor in the 60s, in 1973 the Army approved a lapel pin to be worn by the survivors of those who lost their lives while serving on active duty but not in combat operations. The rise of patriotism and pride in service

after Sept. 11 brought about a resurgence of the use of both the blue and gold stars in flags, bumper and window stickers and lapel pins. But it's not enough, said Engeman, who man-

ages the Survivor Outreach Services (SOS) program for the Army. During World War II, more than 16 million

people served in the war effort overseas, and most of the country supported the war effort through rationing, victory gardens, war bonds and other public displays of support.

Only 2.5 million service members have deployed during the war on terror — less than 1 percent of the American population. While service flags can be readily found in windows in residential areas on military installations, it's

rare to see them in mainstream America. To help raise awareness, the Army has pro-

(PSAs) describing the significance of Gold Star pins. The PSAs will be released over the course of the year, to expand awareness efforts beyond a single day proclaimed by Congress.

The Army, recognizing that families who have paid the ultimate sacrifice deserve our respect, gratitude and the very best we can provide, created SOS to provide long-term support services and family case management for surviving families. A program in the G9, Family and Morale, Welfare and Recreation Services Directorate of the Installation Management Command (IMCOM), SOS is integral to the Army's support system and casualty notification office.

"Our support service coordinators and financial counselors are dedicated to helping survivors from all eras understand and apply for - the benefits they're entitled to," said Hal Snyder, chief of IMCOM's Wounded and Fallen Support Services Office. "We also help them stay connected to the Army family for as long as they desire."

SOS supports more than 55,900 surviving military family members, and is spearheading the effort to raise awareness through the PSAs.

"We're committed to our survivors," said Lt. Gen. Mike Ferriter, IMCOM commander. "So educating the public on the meaning behind the Gold Star pins is simply another way to reaffirm that we honor and understand the sacrifices they've made for our country."

4th ADA changes **Guam batteries**

SGT. 1ST CLASS KARRY JAMES

94th Army Air and Missile Defense Command **Public Affairs**

ANDERSEN AIR FORCE BASE, Guam — Task Force Talon marked another historic milestone as its Terminal High Altitude Area Defense (THAAD) battery completed its mission and transferred authority to one of its sister THAAD units already on the ground in Guam, Tuesday.

The outgoing unit, Battery A, 4th Air Defense Artillery Regiment (A-4), has been providing tactical ballistic missile defense of the island of Guam against any potential threats for the past year. It will be heading back home to family and friends at Fort Bliss, Texas, after the transfer.

"A-4 has set the conditions for not only the continued success of this mission, but also for future successful deployments of THAAD to other areas of the world," said Lt. Col. Clyde Cochrane, commander, Task Force Talon. "The lessons learned here will enable future air defenders to deploy, emplace and accomplish their mission faster and better."

Distinguished guests in attendance at the ceremony included Guam Gov. Eddie Calvo; Maj. Gen. Benny Paulino, Guam National Guard Adjutant General; and Air Force Brig. Gen. Steven Garland, commander, 36th



Senior Airman Cierra Presentado, 36th Wing

Capt. Peter Lewall, commander, Btry A, 2nd ADA Regt. (left), exchanges salutes with Lt. Col. Clyde Cochrane, commander, TF Talon, as he assumes responsibility for defending Guam during a Tr Authority ceremony, Tuesday.

Before the transfer of authority ceremony took place, however, the two units went

through a process known as "relief in place." Since their arrival last month, A-2 Soldiers have closely shadowed their A-4 counterparts to absorb lessons learned and ensure continuity. Their continuity plays a very important role in this mission as the military rebalances toward the Pacific, especially regarding the established relationships within the community, and with joint and coalition

"I am very pleased that I was selected to remain on-station for a total of two years," said Cochrane. "This allows me to see the task force as a whole from the beginning to a stage where permanence begins to set in."

Task Force Talon is the combination of THAAD, military police and communications in a joint working environment with the 36th Wing, here, and the Joint Region Marianas Headquarters on Guam. The 94th AAMDC provides command and control of

"We arrived here with nothing in place, and with the hard work of all involved, we have built the task force up into a robust integrated air missile defense capability," Cochrane said. "I am very appreciative of all the support that we have received from the Air Force and Navy, without which the mission would have been exponentially harder to accomplish."

From the Army cooks working in the base dining facility to Task Force Talon's acceptance by the Air Force and Navy as an unofficial tenant unit at Andersen, Cochrane says that all are willing to continue to strive to be

Transfer of Authority The TOA ceremony is a military

tradition, a symbol that signified the end of A-4's mission by the casing of its guidon. A-2's assumption of responsibility for the defense of Guam began when it unfurled its guidon.

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HAWAII ARMY WEEKLY

Col. Eddie Rosado (left), commander, U.S. Army Reserve Theater Support Group-Pacific, presents the noncommissioned officer sword to Command Sgt. Maj. Jaybee Obusan (right), incoming senior enlisted adviser, TSG, during a change of responsibility ceremony at Area X, March 30, signifying his responsibility for the Soldiers of the only TSG in the U.S. Army Reserve.

Army Reserve TSG welcomes Obusan

Aloha features luau and a request for rice

> CAPT. LIANA KIM 9th Mission Support Command

SCHOFIELD BARRACKS — The crisp notes of Army service medleys rang out from glistening brass instruments, bouncing off the clamshell walls and drowning out thunder rumbling over Kolekole Pass as Soldiers and families gathered to welcome a new leader and bid farewell to a longtime comrade.

Command Sgt. Maj. Joseph "Joe" M. Burnett relinquished the noncommissioned officer's sword to Command Sgt. Maj. Jaybee S. Obusan, who became the senior enlisted leader of the Theater Support Group during a change of responsibility ceremony here, Sunday, signifying the transfer of responsibility of the U.S. Army Reserve TSG-Pacific.

As members of the only unit of its kind in the Army Reserve, the Soldiers of the TSG are proud of their unique mission to provide base operations and installation support for the 9th Mission Support Command (MSC) throughout the vast Pacific region. TSG's Soldiers conduct base operations functions to support Army Reserve forces in Alaska, American Samoa, Guam, Hawaii and Saipan.

Col. Eddie Rosado, commander, TSG, bade a fond farewell to his battle buddy of several years and spoke of his confidence in Obusan's ability to carry the torch as the senior NCO of the TSG and lead the Soldiers in their twofold mission of base operations and disaster relief.

'As the first (senior enlisted leader) for the TSG when the unit stood up in 2009, and long before that, Command Sgt. Maj. Burnett has touched so many lives in a positive way throughout his career," said Rosado, who officiated the ceremony. "He has been

coaching, mentoring and training Soldiers since the 1980s to pursue the tough positions and challenges to become successful, and many of those here today are here because of his mentorship.'

Obusan's assignment with the TSG comes after a successful three-year tour as senior enlisted leader for the 322nd Civil Affairs Brigade, also assigned to the 9th MSC and headquartered at Fort Shafter Flats.

"To Command Sgt. Maj. Burnett, I thank you for allowing me to inherit such an excellent unit and group of Soldiers," said Obusan, "and to my new battle buddy, Col. Rosado, thank you for the opportunity to serve with you and lead this great team and unique mission."

The change of responsibility was held in Training Area X, here, as the TSG was engaged in a field exercise from March 24 until Tuesday (April 1). Each evening of the exercise, the command team broke bread and conversed with its Soldiers about the way ahead for the unit and the Army. One evening was spent with junior enlisted Soldiers, the next with the senior NCOs, and then with the junior, field grade and warrant officers.

Burnett was presented with a plaque containing a sword and commanders' coins of excellence from the units he served. Then all NCOs in attendance recited the NCO Creed, a brass ensemble from the 25th Infantry Division Band played Aloha Oe' and the Army song, and the Soldiers served a traditional local Hawaiian style meal.

The impressive spread was prepared as a gift by Master Sgt. Rico Pascua; it included an island tradition: a roasted pig.

"As my tenure draws to a close, I have much more than great memories, as the Soldiers of the TSG have given me so much more than I could ever give," said Burnett. "To my wife of almost 21 years, thank you. ... Cook the rice — I'm coming home!"

BRIDGINGTHEBASICS

Value gained by 'Values'

SGT. 1ST CLASS MARK C. TOWNLEY

9th Mission Support Command

For several years now, on Oahu, senior noncommissioned officers have shared their knowledge and insight about getting "back to basics" and, recently, "bridging the ba-

When we, as Soldiers, get together to "talk story" about our time in the Army, we often reflect back on basic and advanced individual training (AIT).

As I look back on my beginnings in the Army, I distinctly remember being broken down as an individual and built back up into a Soldier. I went to basic training as Joe

Citizen and left as Joe Soldier. I also remember reporting to my first duty station and falling into a structure of leadership where I was

expected to perform my military occupational specialty and hone my Soldier This process was, at times, challenging. When I graduated from basic training and AIT, we did not have a

codified set of Army Values, so individ-

ual Soldiers had to rely on their pre-ex-

isting value systems to guide them

through the day-to-day challenges of The Army Value system that we have in place today has been around for about 15 years. When it was implemented, I remember Soldiers reciting the Army Values, wearing the values next to their ID tags and often car-

The Army Values became a personal standard for all Soldiers, a bar for some. For some, it was a high bar, but for Intelligence, 9th MSC.)

rying an Army Values card in their

wallet.

it was a bar, something to aim for.

We are all unique individuals that are the culmination or product of what we have experienced thus far in our lives. Generally, very early, a value system is established for us. Ideally, it is

> something taught to us by our parents. However, this is not the case for every Soldier entering the Army today, and it can be a dangerous assumption for

> For some, value systems are learned through survival. Two things I've always loved about the Army are its diversity and the value system that links

us all together, the Army Values.

I believe that we have two interesting challenges today as an organization: One is the level of buy-in that each Soldier gives to the Army Values, and the second is the assumption that Soldiers junior to us hold our value system or systems. The Army recently launched some

great initiatives, training, tools and programs. However, they may not be effective for all. Army training and programs are usually geared toward the masses, and they generally need to be. Some of the issues that we are facing today are personal in nature, and to get to the person we need to re-gear some of that training to the individual person's needs. This re-gearing is

I challenge my fellow NCOs to find a balance between mandatory training and finding personalized training and the mentorship necessary to meet the needs of the individual Soldier.

(Editor's note: Townley is the NCOIC

FINTSTEPS in FAITH ———

Which 'dog' do you feed?

CHAPLAIN (COL.) **ROBERT PHILLIPS** U.S. Army Garrison-Hawaii

One of my favorite TV characters is Norm, from the old show "Cheers."

Every week, Norm would enter the bar and have some short quip that would catch everyone's attention.

My favorite had Norm entering the bar and emphatically stating, "It's a dog eat dog world, and to-

day, I'm wearing Milkbone underwear." (I thought it was funny.)

My father-in-law, who was one of the wisest men I have ever known, used to tell a story to my sons. The depth and insight of the story has applications far greater than a simple children's story. It went like

Inside of every person are two dogs. These two dogs hate each other and are constantly fighting with one an-

One dog represents everything inside of us that is good, morally right, positive and optimistic. The other dog represents everything within us that is negative, selfish, cynical and pessimistic.

The struggle between these two dogs is constant and, at times, fierce. This battle is important because the winner of this fight will ultimately control our thoughts, values, behaviors and character.

Do you know who wins this fight? The dog that wins this battle is the one YOU CHOOSE to feed.

Most of the time, we choose to feed the good dog and make the right choices. But then, there are those times when we're frustrated or tired and want to take a shortcut, or maybe we rationalize that our decision won't hurt anyone else, or maybe no one else is looking, or maybe we simply convince ourselves that we deserve

> better. It is at those times that we choose to feed the bad dog.

Sometimes, we experience disastrous results; sometimes there are no obvious consequences other than our own guilt.

The Apostle Paul knew his friends at Philippi were have having a difficult time making wise decisions, and

it was leaving them uncertain, confused and weary. The follow-

ing was Paul's advice: "Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever

is lovely, whatever is admirable if anything is excellent or praiseworthy — think about such things. Whatever you have learned or received or heard from me, or seen in me — put it into practice. And the God of peace will be with you" (Philippians 4:8).

Focusing our mind's attention on the positive things in life helps us keep things in perspective. It also allows us to experience an inner peace.

Getting it Straight

Photographs and a quote in the article "Bronco CBRN warriors compete for best," from March 7, p. A-1, were made by Capt. Pete L. Ahching Jr. The name was misspelled.

National Volunteer Week is April 6-12.

"Why is it important to volunteer in your community?"

Photos by 500th Military Intelligence Brigade Public Affairs



commitment to the local community, we foster better relations to create a much better life for everyone."

'By continued

Spc. Thomas Boyd Intelligence analyst, HHD, 500th MI Bde.



'Volunteering paves the way for improving quality of life within our communities."

Sgt. Nadya Hand Intelligence analyst, 15th AEB. 500th MI Bde.



"Volunteering is important because it helps bring the military, their families and the community together."

Pfc. Charles **Jenkins** Intelligence analyst, HHD, 500th MI Bde.



"Individuals should volunteer simply to help out their fellow man."

Sgt. Casey Milton Intelligence analyst, 441st MI BN, 500th MI Bde.



need within the community shows that not only do we fight for our country, but we also care for the people we fight for. Pfc. Derek

"Helping those in

Torres Intelligence analyst, HHD, 500th MI Bde.



USAG-HI master plan is a sustainable, holistic effort

Story and photos by **SARAH PACHECO** Staff Writer

installations.

New Department of Defense planning guidelines, released in May 2012, call for the "compact development" of military installations worldwide, incorporating a mix of residential housing close to shops and other businesses, along with mass transit, the proper use of green space and a shift toward sustainable "walkable communities" — a far cry from the suburban-sprawl-style

What this translates to, according to DOD officials, is a need for garrisons to create an overarching master plan for their installations in order covered under this contract," said Mark Mit-

ally prevents any more from being done.

However, Col. Daniel Whitney, commander, USAG-HI, approved year-end money to be used SCHOFIELD BARRACKS — Failure to plan is to complete ADPs for all 13 installations of USAGplanning to fail, and no place is this adage truer HI under one contract, at one time, save Pohakuthan when it comes to mapping out U.S. Army loa Training Area, which currently is being completed under a different contract.

"There is an energy and sustainability piece to this not normally part of an ADP, but because we had the funding we were able to add that module into it, as well," said Pawlak, noting that the overall master plan project also includes monies for capital investment strategies, short-range plans, long-range plans and a real-property master planning digest, a "Reader's Digest" executive summary of what the base is expected to look like in the future," he said.

"All of our major installations are going to be to increase efficiency of operations and improve sunaga, master planner, Planning Division, DPW,

locations, if there are any infrastructure issues ... what, in a perfect world, would they like to see in terms of a planned community," said Pawlak.

This is not a one-person or one-office event; this is a holistic thing, where everybody is part of the process, and we need all of their input," Mitsunaga added.

Over the course of four days, March 17-20, participants took part in interactive, hands-on learning sessions and field studies to become subject matter experts on the district. They also worked in groups to create a comprehensive development vision for the area, while incorporating the latest DOD guidance.

"We were educated in the world of engineering, which is not typically my job, but I've become more mindful of what properly planned communities should look like," said Yuuko Arikawa, school renewal specialist for the Leilehua Complex of the Hawaii State Department

"They're learning as they're participating in these sessions," Pawlak said. "They get to see what they're developing, and when we develop the communities out, they get to know that they had a stake in the development plan."

At the end of the workshop, participants presented their preferred plan to USAG-HI senior leaders for questions and comments.

The next step, according to Pawlak, is to refine the plans and present them to all major stakeholders for their review and stamp of approval.

"That becomes the template for that district or base," Pawlak said. "It's not final; we can always change it. It's a living document, but it allows us to use that as a road map for how we approach master planning."

"With this road map, we're looking 30-50 years into the future," Mitsunaga noted. "If you don't have a plan or a road map, it's hard to get from here to there.

"Now is the opportunity to set things straight," Mitsunaga added. "It's not going to happen overnight, because it's an accumulation of things over the last few decades. It's a huge undertaking, and it's very complex, but it's been long over-



Mark Gillem (right), principal, The Urban Collaborative, discusses possible changes to the Schofield Barracks community with U.S. Army Garrison-Hawaii senior leaders, including Col. Daniel Whitney (third from left), commander, USAG-HI, during an outbrief at the Nehelani, March 20.

quality of life for those who live and work on USAG-HI.

chief, Planning Division, Directorate of Public Works, U.S. Army Garrison-Hawaii.

"It's very rare for the Army to have the entire plan laid out in front of them," Pawlak explained. "We're hoping that by coming up with a plan, that it will allow us the flexibility to get those projects

That "plan" to which Pawlak is referring is a \$1.3 million project that began in December 2013 with an area development plan (ADP) session of Helemano Military Reservation, Aliamanu Military Reservation and Fort DeRussy, with additional ADPs and workshops to take place over the course of 10 months.

According to Pawlak, normally, an installation would take six months to one year to complete one ADP, as a lack of proper funding usu-

"We needed to update the master plan to crething together to get the holistic picture, because tion to the whole. This is an opportunity to bring everybody together, to explain to them the game rules, and to get their input on what their particular vision is for the future."

Recently, various stakeholders from throughout the garrison attended an ADP of the Schofield Barracks Kolekole region, which spans the western portion of the base and includes enlisted housing, the area west of Conroy Bowl, the Commissary and Exchange, the Nehelani and Solomon Elementary School.

"In an ADP, we bring all of the people who are impacted by the master plan, and they talk about what they need, what their space requirements are, what would fit best in terms of the of Education.

"In the groups, we're all looking at (the ADP) "We've never really had a full master plan for ate the road ahead," Mitsunaga explained. "When and thinking about it from different perspecthe entire Army in Hawaii," said Dave Pawlak, we look at our master plan, we have to put every-tives, which is really great, because we have to consider that we don't function in isolation, all of the different parts have a special contribu- Arikawa added. "We need to see how our work impacts other people and how their work impacts us as well, and to find a way so that we can co-exist and still be able to establish what we're trying to do.

"What we (as Soldiers) really are concerned about are where we work every day — where we're going to train, where we're going to store all of our equipment — so mediating in the same group with someone like Yuuko, who is focused on schools, is definitely a necessary balance befitting the capabilities, the mission and the support of all the people who live and work on the installation," agreed Capt. Matthew Hamilton of the division engineer office for Headquarters and Headquarters Battalion, 25th Infantry Division.

ADP Schedule

The next area development plan (ADP) workshop for the U.S. Army Garrison-Hawaii Real Property Master Plan Update is April 21-24 at the Nehelani Banquet and Conference Center, Schofield Barracks.

The districts to be discussed are Tripler Army Medical Center and Areas 7 and 9. RSVP no later than April 14 if you plan to attend.

Remaining workshops are as follows: Energy and Sustainability Workshop,

May 19-22, Schofield Barracks;

 Wheeler Army Airfield ADP Workshop, June 2-5, Wheeler Chapel;

•Fort Shafter ADP Workshop, July 28-31, Shafter DFAC; and

 Installation Design Guide/ Installation Development Plan/Digest Workshop, Aug. 12-15, TBD.

Workshop practicum has been approved for professional continuing education credits from the American Planning Association and the American Institute of Architects.

Also, there will be a town hall meeting and review Sept. 16-17 (location to be announced).

For updates or to attend, email Rena Schlachter at rena@urbancollaborative.com or Barry Gordon at barry@urbancollabortive.com.

A-4 | APRIL 4, 2014 HAWAII ARMY WEEKLY SOLI

JOTC graduates first jungle expert class since 1999

3rd BCT's Jungle tabs were first earned after Panama course closed

Story and photos by **SGT. BRIAN C. ERICKSON** 3rd Brigade Combat Team Public Affairs 25th Infantry Division

SCHOFIELD BARRACKS — Tropic Lightning warriors added the Jungle Expert tab to their uniforms after graduating the new Jungle Operations Training Course, here, March 26.

Soldiers from 2nd Battalion, 25th Infantry Regiment, and 3rd Squadron, 4th Cavalry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, began the course by executing the jungle skills phase of the course.

They learned how to efficiently waterproof their equipment to withstand the constant exposure to water and moisture inherent in jungle operations.

"I think the training for the Soldiers was a real eye opener, a different aspect of training they haven't experienced before," said Sgt. 1st Class Scott Bessette, platoon sergeant, Alpha Company, 2-35th Inf. Regt.

Training included rope-assisted movement techniques; field-expedi-



ent communication methods; junglespecific medical training and patrolling tactics; and a multiple-day, live-fire training exercise.

"The biggest thing I have taken away from this training is tactical patience," said 1st Lt. David C. Junta, platoon leader, Alpha Co., 2-35th Inf. Regt.

The course came to a close with a seven-day, battalion-sized operation that put everything the Soldiers had been taught to the test.

"I truly believe the new JOTC program and its scope of training is an excellent building block for our Soldiers to become highly proficient in the art of jungle warfare," said Command Sgt. Maj. Ron Bly, senior enlisted leader, 2-35th Inf. Regt.



Col. Brian Eifler (right), commander, 3rd BCT, 25th ID, places the Jungle Expert tab on the uniform of Lt. Col. James Bartholomees, commander, 2nd Bn., 35th Inf. Regt., 3rd BCT, 25th ID, during a graduation ceremony, March 26, to recognize he has completed the 21-day Jungle Operations Training Course.

Regs: Traveling in ACUs, fancy haircuts — out!

CONTINUED FROM A-1

allowed to wear the Army Combat Uniform (ACU). Instead, they must either wear civilian attire or the service uniform.

The only ACU exceptions are when Soldiers are deploying or on rest and recuperation leave, to and from theater, and when authorized to do so by commanders for emergency leave or casualty assistance duties.

Identification tags must be worn at all times while on duty in uniform unless otherwise directed.

Soldiers can carry plain, black umbrellas only during inclement weather when in service, dress and mess uniforms. However, umbrellas are not allowed in formations or when wearing field or utility uniforms.

Revisions also cover the wearing of badges and tabs; carrying of bags; sewing on of name tapes and U.S. Army tape and grade insignia; and wearing of insignia representing regimental affiliation, windbreakers, all-weather coats and other garments.

•Male Grooming. Fancy-style haircuts, including the "tear drop," "landing strip" or "Mohawk," and "horseshoe" are no longer authorized.

Sideburns cannot extend below the bottom of the ear opening and cannot be flared or tapered to a point, and the length of the sideburn hair cannot exceed one-eighth of an inch.

A mustache cannot extend past the corners of the mouth and no portion can cover the upper lip line or go higher than the lowest portion of the nose.

Fingernails cannot extend past the tip of the finger and nail polish cannot be worn.

•Female Grooming. Hair must be neatly and inconspicuously fastened or pinned. Bangs are now authorized, as long as they don't fall below the eyebrows. "Bulk of hair," measured from the scalp up, as opposed to the length of hair, will not exceed 2 inches, except for a bun, which can protrude 3 inches from the scalp. The bun cannot be wider than the width of the head.

Also, hair needs to be properly secured, cannot be unbalanced or lopsided, and parting of hair must be in a straight line.

Hair extensions and wigs are now authorized as long as they have the same general appearance as the natural hair and conform to all other hair regulations.

During physical training, women can now wear the full length of their hair in one ponytail that's centered on the back of the head.

Fingernails cannot exceed 1/4 inch from the tip of the finger, and only clear nail polish is authorized with all uniforms.

 Other. Soldiers cannot mutilate their bodies in any manner, such as tongue bifurcation.

such as tongue bifurcation.

Tooth caps or veneers of any unnatural color, design, shape

or texture cannot be worn.

Jewelry or objects cannot be attached to, through or under

the skin or other body part, and this policy applies to all Soldiers, on or off duty. The only exception is that female Soldiers can wear authorized earrings.

Commanders can authorize the wearing of sunglasses in formations or field environments. Glasses of any type cannot be worn on top of the head.

Soldiers cannot walk in such a way as to interfere with saluting, giving salutations or in a manner that detracts from a professional image. Examples include walking while eating, using electronic devices and smoking. All restrictions that apply to cigarettes also apply to tobacco-free cigarettes.

Personnel in civilian clothing, whether on duty or off duty (on or off post), must dress in a way that does not detract from the profession.

The wearing of wireless and non-wireless devices, such as earpieces while in uniform, is prohibited. However, handsfree devices used in vehicles or on bicycles are allowed as long as they are not prohibited by policy or civilian law.

Hagel orders review of awards program

Appropriate recognition of all levels of awards sought by DOD

JIM GARAMONE

American Forces Press Service

WASHINGTON — Defense Secretary Chuck Hagel has ordered a comprehensive review of the military decorations and awards program, Pentagon Press Secretary Navy Rear Adm. John Kirby said, here, March 20.

The secretary wants to capture the lessons learned from 13 years of combat to improve the program, Kirby said.

The review will begin in June under the direction of Jessica L. Wright, acting undersecretary of defense for personnel and readiness. It is due to be completed in June 2015.



Department of Defense photo by Glenn Fawcett

Pentagon Press Secretary Rear Adm. John Kirby briefs reporters at the Pentagon, March 20, saying Defense Secretary Chuck Hagel ordered a comprehensive review of the military decorations and awards program. Wright will consult closely with Army Gen. Martin E. Dempsey, the chairman of the Joint Chiefs of Staff, as well as the military department secretaries and chiefs and the combatant commanders, Kirby said, during a Pentagon news conference.

"Secretary Hagel believes this is a solemn obligation for the Department of Defense, one that we can never take lightly," Kirby said. "The review will focus on ensuring that the awards program appropriately recognizes all levels of combat valor, as well as the service, sacrifices and actions of all our service members."

The review will examine how the awards program is structured to make sure that it fully reflects the joint nature of warfare, the admiral said.

"It will examine the processes and procedures of how medals for valor are nominated in order to determine whether they can be improved or streamlined and help make the overall awards process more timely," he added. "And it will determine the best way to recognize service members who use remote technology to directly impact combat operations, such as through cyber and remotely piloted aircraft."

Some awards and decorations are service-specific, and others cut across the military. The secretary recognizes joint military operations have become the norm, Kirby told reporters.

"You don't have to look any farther than what we accomplished in Iraq and Afghanistan to see how joint the services have become," he said. "I think it's a fair question to ask: Do we need to look at the kinds of awards that we give, particularly for combat valor, in a more joint nature than perhaps some of them are? It doesn't mean that there will be changes, but I think he wants to look at everything across the whole scope."

Hagel wants the panel to examine how the services submit and evaluate and decide on major combat awards, Kirby said.

"I think he would like to get a better sense of what discrepancies there may be between the services, and do those discrepancies need to be closed?" Kirby added. "The answer may be no. But I think he wants to ask those questions."

SOLDIERS HAWAII ARMY WEEKLY APRIL 4, 2014 | A-5



Brig. Gen Dennis D. Doyle, commander, PRMC and TAMC, signs a proclamation, March 26, recognizing April as Sexual Assault Awareness Month, as co-signer Command Sgt. Maj. Robert C. Luciano, senior enlisted adviser, PRMC and TAMC, waits to add his signature.

TAMC supports SHARP

Story and photo by

ANA ALLEN

Pacific Regional Medical Command

HONOLULU — April is Sexual Assault Awareness Month and leaders from Pacific Regional Medical Command (PRMC) and Tripler Army Medical Center (TAMC) signed a proclamation, March 26, to recognize it.

The Army's 2014 theme is "Speak Up!"

The theme, in conjunction with the Army's "I. A.M. Strong" campaign, challenges service members to speak up and not be a passive by-stander

The proclamation letter reads, "We have a responsibility to create a culture where bystanders intervene, offenders are held accountable, and survivors are provided with the highest quality of care as they are treated with dignity and respect. We have a personal and moral obligation to stand up and speak up against sexual assault, regardless of the time, place or situation."

The PRMC and TAMC command team, Brig. Gen Dennis D. Doyle, commander, and Command Sgt. Maj. Robert C. Luciano, senior enlisted leader, signed the document.

PRMC/TAMC staffers were asked to re-

I. A.M. STRONG

Intervene, Act and Motivate (I. A.M.) STRONG is the Army's campaign to combat sexual harassment and sexual assault by engaging all Soldiers in preventing sexual assault before it occurs.

Get more details:
• www.preventsexualassault.army.

mil/index.cfm or
• www.army.mil/sharp.

examine what can be done as individuals and as a team to eliminate the enemy within the

"We encourage all Soldiers, family members and civilians to join together, participate in the events planned by our SHARP team and pledge to end sexual assault. Speak up," proclaimed Doyle and Luciano.

(Editor's note: "Speak Up!" Read the signed Sexual Assault Awareness Month proclaimation at www.hawaiiarmyweekly.com.)

Nursing students from the University of Japan visit Tripler

ANA ALLEN

Pacific Regional Medical Command

HONOLULU — Tripler Army Medical Center hosted 84 nursing students from the University of Japan for a learning experience with American and military nurses, March 25. Guests received a historical tour of Tripler and

a mission brief; they visited labor and delivery, the intensive care unit, the emergency department and the Directorate of Hospital Education Training where they watched a training simulation.

"After being introduced to the simulator, they

"After being introduced to the simulator, they are able to listen to heartbeats and lung sounds. They are able to see everything we can do with a patient, and I show them how the simulator works," says Teah Karamath, nurse educator at TAMC.

Karamath hopes that the students take away how the hospital is passionate about patient care and the friendliness of the staff.

"I really think the tour is significant, because for one, the Japanese medical community finds it very exciting to come here and watch up and see what we do. It is also good to be transparent in our medical care, so that they can take some-



Spc. Paxton Busch, Pacific Regional Medical Command

Students from the University of Japan examine a simulation patient during the first stop of their tour at Tripler Army Medical Center, March 25.

really think the tour is significant, because for one, the Japanese medical community finds it very exciting to come here and watch up and see what we do."

— **Teah Karamath**Nurse educator at TAMC

thing back with them and hopefully utilize what they learned," she said.

Karamath says the university students first toured TAMC in 2010 and have returned every year since because of their positive experience.

The students also donated a check to Fisher House to support the facility's mission and to show their gratitude to the hospital.

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Staff Sgt. Gaelen Lowers, 8th Theater Sustainment Command Public Affairs

Col. Robert D. Knock (left), chief of staff, 8th TSC, joins 16 fellow retirees in accepting their flags from members of the Hawaii Sergeant Audie Murphy Club during a quarterly retirement ceremony on Hamilton Field, March 27.

8th TSC bids aloha to 16

Total more than 4 centuries served

8TH THEATER SUSTAINMENT COMMANDPublic Affairs

SCHOFIELD BARRACKS — The skies over Hamilton Field, here, wept aloha showers (it poured) as the 8th Theater Sustainment Command family bid farewell to 16 retiring Soldiers. March 27.

The ceremony featured formations of troops from 8th TSC's Special Troops Battalion, 8th Military Police Brigade, 130th Engineer Bde., and 45th Sust. Bde.

Combined, the 16 retiring warriors represented 423 years of military service.

"This is a time for both thanks and reflection," said Maj. Gen. Stephen Lyons, 8th TSC commander. "The last several decades represent a critical time in our nation's history."

The combined experience of the Soldiers reflects nearly every type of military operation spanning the past three decades, from the Cold War and peacekeeping missions to combat operations in Iraq and Afghanistan.

"They are truly an all-American team that draws its strength from the diversity they represent, and they came together for a unified purpose," Lyons said. "They chose the profession of arms, that of a U.S. Soldier."

He also emphasized the importance of the family members in attendance.

"They too have shared in the journey of service to the nation," Lyons said.

Members of the Hawaii Sgt. Audie Murphy Club presented the retirees with their flags.

8th TSC Retirees

Sgt. 1st Class Juan Claudiodavila, HHD, 728th MP Bn.

Sgt. Louis E. Davis, 40th Quartermaster Co., 45th STB

Lt. Col. Danny A. Dulay, HHC, 8th STB

Sgt. 1st Class Elijah Grant III, HHC, 45th STB

Master Sgt. James E. Harbin, 65th

Master Sgt. David O. Kenner, HHC, 8th MP

Bde. Col. Robert D. Knock, chief of Staff, 8th TSC

chief of Staff, 8th TSC Lt. Col. Michael J. Legler, HHC, 8th STB

Staff Sgt. John M. Martus Jr., 558th MP Co., 728th MP Bn.

Master Sgt. Edgar F. McGaughey, HHC, 130th Eng. Bn.

Maj. Larry Olive, HHC, 8th STB Sgt. Maj. Jose R. Perez, HHC, 8th

Master Sgt. Roger A. Rowsam II, HHC, 8th STB

Sgt. 1st Class Brian P. Saunders,

HHC, 8th MP Bde. Sgt. 1st Class Mark E. Time, HHC,

Lt. Col. Jacqueline K. Westover,

HHC, 8th STB



Today

EEO Move — On Monday, the Equal Employment Opportunity office at Schofield Barracks moved to Fort Shafter, Bldg. S-330, Rm. 101. The new phone is 438-4962.

GAT Going — Civilian employees are encouraged to try a new, voluntary and confidential online self-development platform now available Armywide, with resources tailored to fit not only Soldiers and their families, but Army civilians, as well. It is called ArmyFit (the new Global Assessment Tool 2.0). Visit https://armyfit.army.mil/ or go to www.hawai iarmyweekly.com for more information.

Reduced VA Backlog — One year after the backlog of pending disability compensation claims peaked at over 611,000 in March 2013, the Department of Veterans Affairs has reduced that number by approximately 44 per-

cent to 344,000 claims — a reduction of more than 267,000 — while at the same time improving the accuracy of the decisions being made on veterans' disability claims. Visit www.hawaiiarmyweekly.com for the full story.

8 / Tuesday

IMCOM CoC — Lt. Gen. David Halverson assumes command of the U.S. Army Installation Management Command, April 8, at Joint Base San Antonio, Texas. Halverson takes over for Lt. Gen. Michael Ferriter. The public is invited.

Army Training and Doctrine Command at Joint Base Langley-Eustis, Va., where he serves as deputy commanding general. In addition to duties as IMCOM commander, Halverson will take over the role of the

Halverson comes to IMCOM from the U.S.

In addition to duties as IMCOM commander, Halverson will take over the role of the Army's Assistant Chief of Staff for Installation Management.

9 / Wednesday

LANPAC — Join the Association of the United States Army at the 2014 LANPAC Symposium's Military Family Forum Trends and Reflections: Military Spouse Employment and Career Progression in the Online Era, 9:30 a.mnoon, at the Sheraton Waikiki Hotel. Free to all military spouses. Register at (703) 907-2404 or via email at familyprograms@ausa.org.



Traffic Report lists closed roads, limited routes, construction detours and noise advisories received by press time from Army and Hawaii Department of Transportation (HDOT) sources.

For an up-to-date listing of Army traffic advisories, visit www.garrison.hawaii.army.mil/info/trafficcalendar.htm.

Today

Road to Health — Construction on Tripler's Krukowski Road and south of the road may be one lane closed, daily, at times, 8:30 a.m.-2:30 p.m., near buildings 102 and 104, for utility installation. One lane will be open for two-way traffic.

April

5 / Saturday

Shock Block — A power outage takes place, 7 a.m.-3:30 p.m. This outage will affect the motor pool areas located off McMahan Street. The following buildings will be affected during the outage: 1080, 1086, 1087, 1090, 1091, 1000, 1002, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 980, 982, 984 and 985.

14 / Monday

Closing the Loop — A full road closure will be implemented along Shafter's Rice Loop

for underground utility installation. Part of Rice Street will be lane control. This work phase is scheduled to finish April 25.

19 / Saturday

Wheeler Unwired — A power outage is scheduled. Wheeler circuits 33-42 will be without power 6:30-8 a.m. and 2:30-4:30 p.m. Schofield will be without power 7:30 a.m.-4:30 p.m. If your area is not listed, or does not have a back-up generator, it will be out 6:30 a.m.-4:30 p.m.

Circuits **unaffected**, by the numbers, are 3-Quad A, gas station/shoppette; 6-Mendonca housing, 364 shopette; 7-Area A housing quarters 30-38; 9-MEDCOM; 11-500 block housing; 14-500 block housing, 9000 block housing; 15-Hamilton Housing, 9000 block housing; 18-Generals Loop; 19-500 block; 21-Commissary; 33-Akolea Point Housing; 34-McMahan Village; 35-Hendrickson and Maili housing; 37-Hali Nani and Kaena housing; 40-Porter and Kalakaua housing; and 42-Moyer housing

HAWAI'I RMY WEEKLY

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www.hawaiiarmyweekly.com

FRIDAY, April 4, 2014

Month of the Military Child

The Army honors military children during April

From deployments to new schools, military children are faced with unique challenges that ordinary youth their age do not experience.

In an effort to recognize the hard work and applaud the courage of military children, the Department of Defense began recognizing April as Month of the Military Child in 1986.

This year's theme is "Young Lives, BIG Stories." It highlights the unique lifestyles, contributions and sacrifices of military children.

On-post Child Development Centers, School Age Centers, Youth Centers and Libraries will be hosting inhouse activities throughout the month. Check out these special upcoming events, open to all:

•April 1–30. Military children bowl free. Bowling centers are at Fort Shafter and Schofield Barracks. One free game for two military children ages 17 and under when one adult game is purchased.

Call 438-6733 or 655-0573.
•April 14, 6 p.m. Stuffed animal sleepover at Sgt. Yano Library, Schofield Barracks,

or sleepover at 6 p.m., April 15, at Fort Shafter Library. Children may drop off their furry friends for a night at the library. Call 655-8002 or 438-9521.

•April 19, 8:45 a.m.-2 p.m. Fun Fest and Earth Day at Weyand Field, Schofield Barracks. Take part in a day of family activities for all ages, including a fun run, entertainment, games, rides and much more. Call 655-0111.

•April 19, 2-5 p.m. Boat race and treasure dive at Richardson Pool, Schofield Barracks. Float, sink or swim with boat races, treasure dives and slingshot splash games. Call 655-0002.

•April 26, 5:30-9 p.m. Land of Oz Parent-Child Ball at Nehelani, Schofield Barracks. Price is \$13 for ages 3-11; \$17 for ages 12 and up. Formal attire is suggested. Call 655-

•April 29, 6:30-7:30 a.m.
PT in the Gym at Fort Shafter
Physical Fitness Center. Soldiers and families can participate in a 30-minute aerobic routine followed by a continental breakfast. Call 836-

MOMC Online

Learn more about these and additional activities in the "MWR Briefs" calendar on page B-2 or at www.himwr.com.



Sarah Pacheco, Hawaii Army Weekly

Twenty-five Army teens keep moving through exercises focused on agility and coordination at Bennett Youth Center, March 27, as Army Youth Centers joined in a nationwide attempt for the Guinness World Record for the "Most People Exercising to a Fitness Video within a 24-Hour Period," coordinated by the Boys and Girls Club of America.

Youth attempt a world record

LACEY JUSTINGER

U.S. Army Garrison-Hawaii Public Affairs

SCHOFIELD BARRACKS — Move over Richard Simmons and "Sweating to the Oldies."

There was a new fitness craze of Guinness World Record-proportions on post, March 27.

Twenty-five teenagers at the Bennett Youth Center, here, joined in a nationwide attempt for the "most people exercising to a fitness video within a 24-hour period."

The record allows the fitness events to be held at different venues, as long as they were set up by the same organization, which in this case was the Boys and Girls Club of America.

"Through programs such as this, youth and teens will be able to learn about the importance of being active,

coupled with making healthier life choices in general," said Jennifer Hodges; Training and Curriculum Specialist; Child, Youth and School Services (CYSS); Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii. "Not only does this program focus on the youth or teen involved, but also promotes overall health and fitness

awareness for the whole family."

CYSS took part in the record attempt to improve teens' overall wellness and resilience.

"Our after-school program keeps them in a safe environment and out of trouble while their parents are at work," said Alexis San Nicolas, program assistance, CYSS.

"The Youth Centers are a place to hang out, where they learn to get involved and make a difference in the community."

The video's main theme was for youth to "keep moving," and focused on exercises that promoted agility, balance and coordination.

"I like fitness; it's fun," said Charity Lindsey, a 17-year-old who attends Leilehua High School, adding that her favorite activity from the workout video was the burpees segment.

According to the Guinness World Record website, the last time this record was set was in France, in May 2011, with 829 people.

Youth and Teen Centers are located at Aliamanu Military Reservation, Fort Shafter, Helemano Military Reservation and, here. They offer after-school activities, such as sports, tutoring, and arts and crafts.

(Editor's note: At publication time, it was unknown if the Guinness World Record had been obtained for this event.)

INVESTING IN OUR FUTURE

U.S. Secretary of Education addresses military school issues

Story and photos by
SENIOR AIRMAN CHRISTOPHER STOLTZ
Joint Base Pearl Harbor-Hickam Public Affairs

JOINT BASE PEARL HARBOR-HICKAM — Hawaii's public schools can be a model for the nation, according to U.S. Secretary of Education Arne Duncan during recent visits to Hawaii schools.



U.S. Secretary of Education Arne Duncan (left) speaks with Brig. Gen. Todd McCaffrey (center), deputy commander, 25th ID, and Cathe Robling, a family readiness program advisor, Marine Forces Pacific, before a panel discussion, Sunday.

This visit marks the 50th state Duncan has visited during his tenure as Secretary of Education and the first to visit Hawaii in about 20 years, according to the U.S. Department of Education.

Sunday, here, Duncan held a discussion panel with military families from the service branches on Oahu that addressed issues facing today's military-connected students, particularly those related to students' high mobility.

Duncan, along with Army Brig. Gen. Todd B. McCaffrey, 25th Infantry Division deputy commander; Cathe Robling, Marine Forces Pacific family readiness program advisor; and Ronn Nozoe, Hawaii Department of Education deputy superintendent, answered presubmitted questions, along with ones from the audience.



U.S. Secretary of Education Arne Duncan (top left) listens to a question from an audience member during a panel discussion, March 30. Duncan visited JBPHH to address the issues facing today's military-connected students, particularly those related to their high mobility.

One of the popular questions Duncan and the panel addressed was the difference in educational standards between duty stations for students forced to move due to a permanent change of station, or PCS.

"Raising the standards is an objective we have accomplished in 46 states," he said. "However, ensuring the individual states uphold those standards is something we are working on. We want to challenge the country to have higher standards, so all children are actually prepared for college-level classes once they complete high school."

Duncan also addressed the issue of expenses of education for states struggling to support

their educational system.

"There are many places that look at education as nothing but an expense and not an in-

vestment," he said. "Our children deserve a world-class education and should be able to learn anytime, anywhere. Regardless of where a child lives, they have a right to learn. It is our job to make that investment and provide our children what they rightfully deserve."

Another question the panel discussed concerned the issue of classes not properly preparing students' education after high school.

"One of the toughest issues we are running into these days is education is being 'dumbed down' for children," Duncan said. "When standards are lower, it's good for politicians, but it is horrible for our children, and even worse for our future."

Duncan expanded on this topic by stating the U.S. needs to be a leader on the forefront of education.

ur children deserve a world-class education and should be able to learn anytime, anywhere. Regardless of where a child lives, they have a right to learn."

— Arne Duncan U.S. Secretary of Education

"Providing children the option to learn coding is something we (DOE) are looking into," he said. "With careers in the tech industry booming, the future is leading toward a world where knowing this language will be commonplace. We need to be a leader, not a follower. We need to lead the pack or else we are going to be playing catch-up."

"Race to the Top" a budding success

During his Hawaii visit, Duncan reflected with media members on the progress made during the last three years based on the "Race to the Top" (RTTT) federal education reform

"When we first did the RTTT grant, there was a huge amount of skepticism in the outside world, and frankly, internally," he stated. "The only way you get better is to challenge the status quo. The only way to accelerate the rate of change is to do something different.

"The progress has been extraordinary," Duncan continued. "Hawaii, by any objective measure, is one of the fastest-improving states in the nation — top five states. That's top 10 percent in the nation."

(Editor's note: Some of this article is from a Hawaii State Department of Education release.)



Briefs

Today

Ohana Heroes Project —The Ohana Heroes Project is looking for families to participate in a study on the effects of military deployment on families. Deployment creates changes in family roles and family functioning. Some families adapt easily to parental deployment, while other families may struggle with these changes.

To help understand what resources may be needed to support families experiencing deployment, this project examines the effects of deployment on children and non-deployed spouses. For more details, visit www.ohana heroes.com or email contact@ohana heroes.com.

Month of the Military Child — During April, Army Hawaii Bowling Centers offer one free game of bowling to children under 17 with a prepaid adult game; lane availability required. Shoe rental not included. Military/spouse ID required. Call SB 655-0573 or FS 438-6733.

Friday's Lunch Buffets — Hale Ikena (FS) hosts special Fridaythemed lunches, 11 a.m.-1 p.m., \$10.95 per person. Call 438-1974.

5 / Saturday

Youth Soccer Registration -Special April 5 registration, 8 a.m.-4 p.m., at SB Parent Central Services, for the 2014 soccer season for SB, HMR, Wheeler, FS and AMR:

- •Youth born in the years 1998-2009 are eligible.
- •Costs \$55 per child, and
- •Practices begin July 1, and season runs Aug. 2-Sept. 27.

Ladies Golf Clinic — Ladies can experience a free 30-minute golf lesson at Leilehua Golf Course from PGA professionals. Lessons are offered the first Saturday of the month by appointment only. Call 655-4653.

6 / Sunday

Hale Ikena Sunday Brunch — FS Mulligan's Bar & Grill hosts from 10 a.m.-1 p.m. Call 438-1974.

7 / Monday

Workweek Lunch — SB Kolekole Bar & Grill (655-4466) and FS Mulligan's Bar & Grill (438-1974) offer daily lunch, 11 a.m.-1 p.m. Enjoy buffet-style or menu items.

9 / Wednesday **BOSS Meetings** — Single Sol-

diers and geographic bachelors are



All Soldiers and family members are invited to attend various Easter celebrations now through April 20.

Stations of the Cross

Stations of the Cross will be held every Friday during Lent at 6 p.m., at Aliamanu Military Reservation (AMR) and 5:30 p.m., at the Wheeler Chapel.

Holy Week

April 13 - Palm Sunday

All denominations meet at regular times/locations. •Palm Sunday Eve "Living Last Supper Drama," AMR Chapel, 7 p.m.

April 17 - Maundy Thursday

- Protestant Maundy Thursday, Fort DeRussy Chapel, 5 p.m.
- Protestant Maundy Thursday, Schofield Barracks Soldiers Chapel (SC), Liturgical, 6 p.m.
- •Catholic Mass for Holy Thursday: AMR Chapel, 5 p.m.
- Wheeler Chapel, 6 p.m.

April 18 - Good Friday

- •Ecumenical, "Living Stations of the Cross," MPC,
- Catholic Good Friday Service, MPC, 2 p.m., AMR Chapel, 6 p.m.
- •"Celebration of the Lord's Passion," TAMC, 3 p.m.

- Protestant Good Friday Service, Fort DeRussy Chapel, 5 p.m.
- •Last Sayings of Christ (Gospel and Protestant), MPC, AMR, 7 p.m.

April 19 - Holy Saturday

- •Easter Blessings of Food on the Lanai, MPC,
- •Catholic Holy Saturday Easter Vigil: TAMC, 7 p.m.
- MPC, 7:30 p.m.

April 20 - Easter Sunday

- •Catholic Mass, AMR, 8:30 a.m.
- •Protestant Easter Worship, MPC, 8:45 a.m.
- •Protestant Easter Services, TAMC, 9 a.m.
- Catholic Mass, TAMC, 11 a.m.
- •Easter Sunday Service (Gospel), MPC, noon

Sunrise Services

•April 20, 6:30 a.m., aboard USS Missouri

April 27

 Catholic Divine Mercy Devotion (Lay Leader Lead), Wheeler Chapel, 3 p.m.

invited to Better Opportunities for Single Soldiers meetings every Wednesday to discuss community service projects and fun upcoming programs. Call Spc. Jennifer Coggins, BOSS president, 655-1130.

Attend these meetings:

•North meetings, 3 p.m., 1st and 3rd Wednesday, SB Tropics Warrior

·South meetings, 10 a.m., 2nd and 4th Wednesday, FS Bowling Center.

Manga Club — Teens are invited to discuss anything Manga, fan art and anime, 3 p.m., at SB Sgt. Yano Library. Manga Club now meets twice a month on the second and fourth Wednesday of each month. Call 655-

14 / Monday

Stuffed Animal Sleepover —

Celebrate a night of fun for your favorite stuffed animals at Army Hawaii Libraries. Children may leave their furry friends at the drop off at 6 p.m., April 14, SB Sgt. Yano Library, or at 6 p.m., April 15, for a FS Library sleepover; pick them up after 10 a.m., April

On April 21, visit the Army Hawaii Libraries' Facebook page to see what kinds of fun activities your furry friends enjoyed at the sleepover. Call 655-8002 (SB) or 438-9521 (FS).

25 / Friday

Military Spouse Career Fair — ACS Employment Readiness Program hosts a job fair, 10 a.m.-1 p.m., SB Ne-

Bring extra resumes, dress for success and be prepared to talk about yourself. Call 656-4227 or visit www.himwr.com.

Ongoing

Pacific Teen Panel — Provide service on the PTP (Pacific Teen Panel) for the AMR/TAMC/FS communities. Must be CYSS registered, in the 9-11th grade, and participate in Youth Activities.

PTP participants are advocates for their peers participating in monthly teleconference calls or video teleconference with other youth in the Pacific. For more info, call the AMR Youth Center at 833-0920 or FS Middle School and Teen Program at 438-

Vehicle Safety Check — The SB (655-9368) and FS (438-9402) Auto Skills centers perform Hawaii safety checks on a first-come, first-served basis; no appointments.

Community Calendar

Send announcements a week prior to publication to community@ hawaiiarmyweekly.com.

Today

First Friday — Monthly downtown event features the 6th annual Art at the Capitol. Features 500 works of art, culture and history showcased at the Hawaii State Capitol, 415 S. Beretania St., beginning at 4:30 p.m., with a program on the third floor, followed by viewings while you talk with legislators at their offices from 5-7 p.m. Call 586-6460 or email artatthecapitol@capitol.hawaii.gov.

5 / Saturday

Pearl City Bike Path Cleanup – Earth Month activity begins 8 a.m. in the area between Kapakahi Stream and Waipahu High School. City and County-sponsored event with 9th Mission Support Command (MSC) participation. Release forms must be submitted

prior to the event. Contact 8th The-

ater Support Group Environmental at 438-1600, extension 3307.

Scottish Festival and Highland Games — This 33rd annual event runs from 9 a.m.-5 p.m., April 5-6, at McCoy Pavilion, Ala Moana Park. Features bagpipes, highland dance and athletic compe-

> titions. Celtic foods and crafts for purchase. Lots of keiki activities. Admission is \$1.

12 / Saturday

Flower Fest — Pearlridge Farmers' Market will celebrate spring, 8

a.m.-noon, with live music, food booths and keiki activities. Farmers will be on hand with fresh, locally grown produce, as well as a vast array of tropical island flowers. Free admission. Call 388-9696.

13 / Sunday

The Living Last Supper Drama — Hear disciple/actors describe the Last Supper, 7 p.m., AMR Chapel, Bldg. 1790.

16 / Wednesday 9th MSC Campus Clean-up — Daylong effort at Fort Shafter Flats

includes shredding behind Bldg.

ASYMCA: Armed Services YMCA

1554, power washing and recycling as part of Earth Month activities. Call the Directorate of Installation Management Environmental office with questions at 438-1600, extensions 3307, 3533, 3246 or 3247.

18 / Friday

Living Stations — A walk simulating the path Jesus walked before his crucifixion. Begins at noon, SB Main Post Chapel.

19 / Saturday

Butterfly Conservatory Pearlridge Center hosts, once again, hundreds of living butterflies and a self-guiding tour. Admission is \$3 per person; one child under 8 years of age is free with one paying adult, through April 19.

20 / Sunday

Waimea Valley Family Day — Each third Sunday is La'Ohana (Family Day) at Waimea Valley, through the end of the year. Kama'aina and military families will receive half off admission with valid ID. Call 638-7766 or visit www.waimeavalley.net.

23 / Wednesday

Earth Day Trashion Show —

Celebrate Earth Day by designing wearable garments and accessories created from trash and junk for the first-ever Island Palm Communities' Earth Day Festival Trashion Show.

Entrants must register between 1-1:30 p.m. at the IPC Synergy Tent, with 2 p.m. show at the main stage at the Earth Day Festival, Kalakaua Community Center. For entry forms log onto www.islandpalmcommuni ties.com or call 275-3750.

30 / Wednesday **USAG-HI Facebook Town**

Hall — Attend the quarterly online Facebook Town Hall, hosted by Col. Daniel Whitney, commander, USAG-HI, from 6-7:30 p.m., Wednesday, April 30, at www.facebook.com/us aghawaii, under the "Events" tab."

Ongoing

U.S. Army Museum of **Hawaii** — A maintenance and repair project will close the Fort DeRussy museum facility, April 1-June 9. The museum store, how-

ever, will be open Monday-Friday, 9 a.m.-3:30 p.m., on the east side of Bldg. 32 during construction. Call

Calendar abbreviations

8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reservation

BCT: Brigade Combat Team BSB: Brigade Support Battalion Co.: Company

CYSS: Child, Youth and School Services EFMP: Exceptional Family Member Program FMWR: Family and Morale, Welfare and FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities

PFC: Physical Fitness Center

SB: Schofield Barracks

Recreation

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center

USAG-HI: U.S. Army Garrison-Hawaii USARPAC: U.S. Army-Pacific WAAF: Wheeler Army Airfield

worship Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support

and Support Staff" menu.) AMR: Aliamanu Chapel Fort DeRussy Chapel Helemano Chapel

Main Post Chapel,

Office" under the "Directorates

Schofield Barracks Aloha Jewish Chapel, PH: Pearl Harbor Soldiers' Chapel,

Schofield Barracks TAMC: Tripler Army Medical Center Chapel WAAF: Wheeler Army Airfield

Buddhist Services

Chapel

•First Sunday, 1 p.m. at FD

•Fourth Sunday, 1 p.m. at MPC Annex Catholic Mass •Thursday, 9 a.m. at AMR

- ·Saturday, 5 p.m. at TAMC, WAAF
- Sunday services: - 8:30 a.m. at AMR
- -10:30 a.m. at MPC Annex
- -11 a.m. at TAMC •Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship •Sunday, noon. at MPC

- •Sunday, 12:30 p.m. at AMR **Islamic Prayers and Study**
- •Friday, 1 p.m. at MPC Annex •Friday, 2:30 p.m., TAMC •Saturday and Sunday, 5:30 a.m.;

6, 7 and 8 p.m. at MPC Annex Jewish Shabbat (Sabbath)

•Friday, 7:30 p.m. at PH Pagan (Wicca) •Friday, 7 p.m. at MPC Annex

Room 232 **Protestant Worship**

Sunday Services

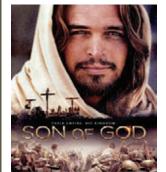
- -8:45 a.m. at MPC
- -9 a.m., at FD, TAMC chapel -10 a.m. at HMR
- -10:30 a.m. at AMR
- -10:45 a.m. at WAAF (Spanish language)
- -11 a.m. at SC (Contemporary)

Liturgical (Lutheran/

Anglican) •Sunday, 9 a.m. at WAAF

This Week at the Sgt#Smith Theater

Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.



Son of God

(PG-13) Fri., April 4, 7 p.m.

The Lego Movie (PG)

Sat., April 5, 2 p.m.

Robocop 4

(PG-13)

Sat., April 5, 6 p.m.



Frozen 3D

(PG) Sun., April 6, 2 p.m.

About Last Night

(R) Thurs., April 10, 7 p.m.

No shows on Mondays, Tuesdays or Wednesdays.

B-4 | APRIL 4, 2014 HAWAII ARMY WEEKLY COMMUN

'Cacti' spouses 'take arms,' simulate a Soldier's life

2ND LT. ASHLEY PIERCE

2nd Battalion, 35th Infantry Regiment 3rd Brigade Combat Team 25th Infantry Division

SCHOFIELD BARRACKS — Spouses of 2nd Battalion, 35th Infantry Regiment, "Cacti," 3rd Brigade Combat Team, 25th Infantry Division, enjoyed spending a day walking in their Soldier's boots during "Cacti Take Arms Day," March 25.

"This is an opportunity for Cacti Soldiers to give back to their spouses for their unwavering support during five continuous weeks of training during JOTC (the Jungle Operations Training Course)," said Lt. Col. James Bartholomees, commander, 2-35th Inf. Regt., 3rd BCT.

The ladies geared up, many in Army Combat Uniform (ACU) trousers, and tactically convoyed out by groups to the locations of the four objectives. Some spouses even got the chance to take turns riding in the gun turret.

The first half of the day included a battle-focused exercise and taking turns clearing rooms of a shoot



Sgt. Sean Freiberg, 2-35th Inf. Regt., 3rd BCT, 25th ID

Spouses of 2-35th Inf. Regt., "Cacti," 3rd BCT, 25th ID, practice using an M4 assault rifle before taking on the task of clearing rooms in a shoot house, March 25.

house as their spouses watched from the catwalk above. Some of the spouses were brave enough to trust the Sawyer Mini water filters enough to take a sip of filtered jungle water at the same location.

During the morning activities, the spouses competed against one another for the title of "Best Shot." Brianna Reed, spouse of Sgt. 1st Class Jeremy Reed, 2-35th Inf. Regt., 3rd BCT, was declared the winner.

To finish the day, the spouses headed over to the Phoenix Obstacle Course where their athletic skills would be put to the test. Each group had to complete each obstacle together in the shortest amount of time. Gundog Company took the victory on the course.

Following the obstacle course, the ladies each got the opportunity to rappel and compete in a one-rope bridge competition. Stacey Sutphin, the spouse of a Havoc Company, 2-35th Inf. Regt., 3rd BCT Soldier, made it across the one-rope bridge the fastest.

"It was a great day," said Sutphin.

Select Hawaii schools 'test' new reading, math assessments

HAWAII STATE DEPARTMENT
OF EDUCATION
News Release

HONOLULU — Approximately 25,000 Hawaii public school students will practice taking improved and more engaging annual state tests meant to better gauge their progress toward college and career readiness.

Students in grades 3-8 and 11 at 91 schools statewide, including Solomon Elementary at Schofield Barracks and nearby Leilehua High School in Wahiawa, are participating in the field test of the new Smarter Balanced assessments in English language arts and mathematics between March 24 and June 6.

The field test is a practice run of the Smarter Balanced assessments, which will replace the Hawaii State Reading and Mathematics Assessments in the 2014-15 school year.

Hawaii is a governing member of a multistate consortium that has worked with teachers, parents and higher education faculty in the past two years to develop the Smarter Balanced assessments.

Over three million students across the consortium will participate in the field test to ensure questions are valid, reliable and fair for all students. A small sample of students in grades 9 and 10 will also take the field test as part of a

small study

Students will complete the online test in either English language arts or mathematics, or both. Administered over multiple days, the tests are untimed, but each subject area is expected to take 2.5 to 4 hours to complete. Because questions may be revised or dropped after the field test, students will not receive scores.

The field test includes questions with the same features that students will experience in the 2014-15 school year, when Smarter Balanced assessments become operational, including accessibility tools for all students and accommodations (such as Braille) for those who need them.

The work of Smarter Balanced is guided by the belief that a high-quality assessment system can provide information and tools for teachers and schools to improve instruction and help all students succeed — regardless of disability, language or background.

About the Smarter Balanced Assessment System

The Smarter Balanced Assessment System is a key component of the Hawaii State Board and the Department of Education's Strategic Plan to prepare all students for college and career success

The new tests are aligned to the Hawaii Common Core Standards, a set of consistent expectations for what students should know and be able to do at each grade in order to graduate equipped with essential criticalthinking and problem-solving skills.

Over the past two years, the consortium has worked with K-12 teachers and higher education faculty from across member states, as well as national experts, to develop, review and test over 20,000 assessment questions and performance tasks and to build a digital library of instructional and professional development resources for teachers.

Once launched in the 2014-15 school year, the Smarter Balanced Assessment System will also provide information during the year to give teachers and parents a better picture of where students are thriving and where they need help.

"This is a step forward in our plans to raise student achievement," said Superintendent Kathryn Matayoshi. "This comprehensive assessment system will provide meaningful information on student progress to educators, parents and the community.

"Not only will relevant and innovative test



items engage and support students, but teachers will also benefit from actionable data and tools to help them maximize the impact of classroom instruction on learning," she said.

More Details

Get more on Smarter Balanced at www.smarterbalanced.org.

To learn more about Hawaii's DOE, the ninth largest school district and the only statewide educational system in the country, visit HawaiiPublicSchools.org.

CSF2 teaches teens resiliency performance skills

KAREN COSTELLO AND ERIC SCHRAGER

Army Community Service
Directorate of Family and Morale,
Welfare and Recreation
U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Twenty-nine teenagers took time away from their spring break, recently, to take part in a Comprehensive Soldier and Family Fitness (CSF2) training program, which is designed to enable them to learn mental skills to enhance their communication, academics, athletic performances and relationships with others.

The training was held, here, in the Chapel Annex and was conducted by all members of the CSF2 Schofield Barracks Training Center staff.

"The skills we taught to the teens are the same skills being taught to their parents in the military. Our goal is to get the whole family

Teen Resilience and Performance Series

CSF2 will continue with the next event scheduled for August. Contact CSF2 Schofield Barracks at 809-655-9804 for more information. practicing resilience and performance skills and talking the same language," said Maj. Christopher Haynes, CSF2 program manager for U.S. Army Hawaii.

The approach to teaching teens differs from the lessons their parents are exposed to because it is much more interactive and age appropriate. Activities such as the "rising hula hoop" illustrate many of the lessons being taught and examples are intertwined throughout the program.

In this second iteration of Teen Resilience and Performance, the students learned about how their thoughts affect consequences, how thinking traps can block critical information, how character strengths can help you perform and get through challenges and how effective praise and active constructive responding can build better relationships.

"Falling into a thinking trap is like being a horse with blinders on. You miss things and see things the way you want to see them," said a 12-year-old middle school student when asked why it was important to identify thinking traps.

The evening included a break for pizza, and then it was back to work. Students acted out various ways to respond to others' "good news" and learned that a few extra moments showing



Photo courtesy CSF2 Center, ACS, DFMWR, USAG-HI

Teens take part in a team-building exercise during a training session at the Chapel Annex, recently, designed to help children become more resilient in sports, school and dealing with the hardships of being in a military family. The session was a pilot program that is part of the Army's CSF2 program, designed to build resilience and enhance performance.

interest by asking more questions benefited both the sharer and the responder.

both the sharer and the responder.
"I loved this program. They made it fun, yet serious. I really enjoyed it," said a ninth-grader

attending the event.

(Editor's note: Costello is a Master Resilience Trainer performance expert, and Schrager is the Training Center manager.)

2014-15 Hawaii kindergarten registration now underway

ARMY SCHOOL LIAISON OFFICE

Child, Youth and School Services Directorate of Family and Morale, Welfare and Recreation, U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — The Hawaii Department of Education (HIDOE) is encouraging all parents to register their children into the kindergarten program for the 2014-15 school year.

The cut-off age to enter kindergarten varies across the United States.

In Hawaii, children who become five years of age on or before July 31st of the school year may attend kindergarten.

Although kindergarten is not mandatory in Hawaii, all Army families are highly recommended to consider registering into the program by April 30. "Kindergarten is important because it gives students the basic fundamental skills they need to be successful in their school career," said Kelsey Richvalsky, Solomon Elementary School kindergarten teacher. "Not only will they learn a great amount academically, but it gives them an opportunity to adapt in a classroom setting and learn how to follow school rules and directions."

With the start of the Hawaii Revised Statute 302A-411 that governs the enrollment age, late-born children who are turning 5 years old from Aug. 1-Dec. 31 will no longer be placed in junior kindergarten.

Other options beside junior kindergarten are the Child, Youth & School Services (CYSS); Schools of Knowledge, Inspiration, Exploration, and Skills (SKIES) programs; the Armed Services YMCA; and the



Photo courtesy School Liaison Office, CYSS, DFMWR, USAG-HI

Kelsey Sampsel and daughter Isla Sampsel prepare to register for the Kindergarten program at Solomon Elementary School, here, recently. Home Instruction for Parents of Preschool Youngsters (HIPPY) program. SKIES offer preschool writing, reading, art, dance and kinder jam during the week.

"The children who join the preschool writing and reading program gain early development on vocabulary, narrative skills, print awareness and identifying letters and sounds," said Gayina Lebedeva, SKIES preschool teacher.

Wheeler and Joint Base Pearl Harbor-Hickam ASYMCA branches offer Parent Participation Preschool that assists the child(ren) in making the transition from home to school.

Families living in the Ewa and Kapolei communities may register for the HIPPY program, a free kindergarten readiness program for children ages 3-5. HIPPY received a grant from the Department of Health (DOH) to serve military families.

In preparation for kindergarten registration, Army families may take their out-of-state physical examination, shot records and tuberculosis (TB) test to the U.S. Army Health Clinic to have them transcribed to the Student Health Record Form 14. Other documents required are the birth certificate and proof of residency (housing papers, utility bill and more).

More Details

For more information about the kindergarten program, call the School Liaison Office at 655-8326. To download the Student Health Record Form 14, visit www.himwr.com/hawaii schools.